



COUNT DOWN

TO

KINGSWOOD

7th – 9th November 2011



Kingswood Questions

- What do the children need to take?
- What time are the children leaving school?
- When do they arrive at Kingswood?
- Who will be in their dorms?
- What happens at meal times?
- What will they be doing?
- Are they going to be safe?
- How do I contact my child in an emergency?
- When will the children be returning?



Safety at Kingswood

- Pre-visit
- Following the LEA policy
- Kingswood inspected by the British Activity Association and the Health & Safety Inspectorate
- Fully trained and qualified staff
- Secure site
- Risk assessment for each activity
- First Aiders on site
- Links with local GP and hospital



Getting ready for Kingswood

- Medical & dietary information
- Outdoor activities happen in poor weather
- Clothing and shoes will get dirty
- Please name belongings
- Please only one suitcase/holdall each
- Please no...Mobiles, expensive cameras, electronic games, personal stereos or any other expensive or cherished item
- A limit of £5 pocket money per child



Things to take

- Several warm tops with long sleeves
- Waterproof Jacket
- Fleece jacket
- Track suit bottoms (not jeans)
- Pyjamas
- Socks and underwear
- Washing kit and towel. Spare towel for water activities
- Hat and gloves in cold weather
- Old trainers for wet activities



Things to take

- Pupils should bring own wellingtons if available
- Drinks bottle
- Plastic bags to take wet kit home
- Pocket money
- Disco clothes



Arriving at Kingswood

- We'll be met on arrival and shown to the dorms by our group leader
- The children and leaders will be given the safety talk by the Duty Manager
- The children will be put into activity groups
- Putting on pillow and duvet cases!
- The first activity



Fuel at Kingswood

- Breakfast, lunch and dinner
- Choice of hot, cold and vegetarian meals
- Regular juice breaks am and pm
- Hot cocoa or juice before bed

Sample Menu

Breakfast – Cereal, toast & jam, scrambled eggs, beans, bread and butter

Lunch – Pizza, jacket potato with topping, pasta of the day, salad bar and cold sweet

Dinner – Burger choice, vegetarian dish of the day, pasta, potatoes or chips, vegetables, salad bar and sweet

Activities at Kingswood

- Final timetable 10 days before visit
- Activities include: Caving, climbing wall, zip wire, team activities and many more!
- Evening activities – Disco!





Teachers at Kingswood

- Health, safety & hygiene
- Attendance at activity sessions
- 'In Loco Parentis'
- Supervision of children
- Supervision at night



Leaving Kingswood

- Packing
- Stripping beds
- Final day activities
- The trip home –
Year 5/6 Wednesday
3.20pm

